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Scorecard Overview & Guide:

This scorecard is a tool to help you reflect on your own actions, benchmark where you are and think about where you want to go.

Layout

- In the first column, you will see the 16 principles we believe are keys to help you achieve success.
- The following 4 columns are divided into sections to help you evaluate where you stand on a scale from 1 - 12.
  - 1 - 3: You don't have an understanding of the principle and your actions could be holding you back from predictable progress and growth.
  - 4 -6: You have an awareness of the importance of the principle and are taking the first steps towards learning and building good habits.
  - 7 - 9: You have built a solid foundation based on the principle and have strong habits in place, but there is still room for refinement.
  - 10 - 12: You have incorporated the principle into everything that you do and use it to perform at the highest level possible. You continually put in the work because you know it is hard to achieve success at this level, but it is even more difficult to stay here.
- The final 3 columns are divided into sections to track your progress and score yourself over time.
  - 1: Prior to starting the course, score yourself on all 16 principles to benchmark where you are today.
  - 2: After completing the course material for each principle and gaining more understanding, re-evaluate yourself and determine if your score has changed.
  - 3: After completing the entire course, re-score yourself on all 16 principles to see how you've grown and where you can improve.

Scoring

Read the criteria for each principle going across the scorecard from left to right. Do any of these resonate with you?

Choose a section (1-3, 4-6, 7-9 or 10-12) with the characteristics that best reflect your actions. Out of the three characteristics listed, decide if you're on the higher or lower end of that section and give yourself a score. Once you've given yourself a score for each principle, find the average by adding all of your scores and dividing by 16. This average gives you a benchmark for where you stand across all 16 principles.

Think about the actions you need to take and the habits you need to form to increase your score. Are there certain principles you need to work on more than others to help raise your average? Remember, scores are fluid and will go up and down over time. Rate yourself honestly. Only you truly know where you stand and can do the work to improve.

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Catalyst for Lifelong Direction Scorecard

Name: \_\_\_\_\_ Date: \_\_\_\_\_



| PRINCIPLE                | 1 - 3  | 4 - 6   | 7 - 9  | 10 - 12   | 1 | 2 | 3 |
|--------------------------|--|---|--|---|---|---|---|
| Definite Chief Aim       | <ul style="list-style-type: none"><li>I feel confused about my direction and powerless about how to get there</li><li>My priorities constantly change and my peers influence what's important to me</li><li>I am easily distracted</li></ul> | <ul style="list-style-type: none"><li>I am optimistic and get excited as new ideas come to me</li><li>I can't defend my chief aim and don't have a plan of action to move it forward</li><li>I can't measure my progress, so I quit too soon</li></ul>                            | <ul style="list-style-type: none"><li>I have a clear and written vision of where I want to go</li><li>I recognize the need to frequently review my vision and plan</li><li>I create and begin to implement habits to keep distractions out of my life</li></ul>        | <ul style="list-style-type: none"><li>I select and write it with deliberate care and review it daily</li><li>I am obsessively dedicated to achieving my chief aim</li><li>I demand that everything fits and nothing contradicts</li></ul>   |   |   |   |
| Self Confidence          | <ul style="list-style-type: none"><li>I feel hopeless and look for the easiest way out</li><li>I don't put myself in unknown or uncomfortable situations</li><li>I blame someone else for my failures</li></ul>                              | <ul style="list-style-type: none"><li>I exaggerate my successes and failures</li><li>I am hesitant to push forward due to the unknown</li><li>I am attempting to develop awareness and own my actions</li></ul>   | <ul style="list-style-type: none"><li>I do the work and am prepared for whatever is thrown my way</li><li>I recognize that defeat is just part of the game</li><li>I start to accept ownership, but am still searching for solutions</li></ul>                         | <ul style="list-style-type: none"><li>I learn from everything that happens and am hungry for more</li><li>I understand defeat is temporary and makes me stronger</li><li>I take unwavering ownership of my actions</li></ul>  |   |   |   |
| Habit of Saving          | <ul style="list-style-type: none"><li>I have no exposure to how compound interest works</li><li>My bills dictate my financial plan</li><li>I live paycheck to paycheck</li></ul>   | <ul style="list-style-type: none"><li>I am aware of compound interest, but don't know how to quantify results</li><li>I know I need to save money, but don't have a plan for utilization</li><li>I save when it's convenient</li></ul>  | <ul style="list-style-type: none"><li>I understand the fundamentals of compound interest &amp; how to best use it</li><li>I plan how to spend and save my money</li><li>I continually save money unless an inconvenience comes along</li></ul>                         | <ul style="list-style-type: none"><li>I continually educate myself on current events to maximize capital</li><li>My spending/saving plan directly coincides with my chief aim</li><li>I don't waiver on my monthly saving commitment</li></ul>                                      |   |   |   |
| Initiative & Leadership  | <ul style="list-style-type: none"><li>I constantly procrastinate because I have no direction</li><li>I take credit for what worked and blame others for what didn't</li><li>I have no consideration for others</li></ul>                     | <ul style="list-style-type: none"><li>I am good at following direction, but don't take initiative to excel</li><li>I am a team player when it's easy, but retreat as soon as things get difficult</li><li>I have personal goals, but fail to communicate them regularly</li></ul> | <ul style="list-style-type: none"><li>I create a plan for success and consistently manifest results</li><li>I know what's needed for success and typically trust the team to execute</li><li>I work closely with a select group to implement a shared vision</li></ul> | <ul style="list-style-type: none"><li>I have a personal obligation to serve driven by my chief aim</li><li>I have mastered the art of getting the right people in the right positions</li><li>I cultivate, infuse and monitor a shared vision throughout the organization</li></ul> |   |   |   |
| Imagination              | <ul style="list-style-type: none"><li>I see every obstacle as a problem</li><li>I am oblivious to finding solutions</li><li>I have no confidence to try and fall victim to my surroundings</li></ul>   | <ul style="list-style-type: none"><li>I wonder if there could be a solution to a problem</li><li>I start to see potential in the possibilities around me</li><li>I proceed with caution, but am afraid to fail</li></ul>  | <ul style="list-style-type: none"><li>I see value in creating solutions</li><li>I purposefully capture possibilities and create a plan of action</li><li>I am confident in my abilities, but setbacks trigger mental resistance</li></ul>                              | <ul style="list-style-type: none"><li>I see that anything is possible, every obstacle is an opportunity</li><li>I am able to visualize possibilities so clearly that they happen</li><li>I know it will happen -- it's just a matter of when</li></ul>                              |   |   |   |
| Enthusiasm               | <ul style="list-style-type: none"><li>I am aimless</li><li>I procrastinate and struggle to get started</li><li>I feel I don't have a gift to share</li></ul>   | <ul style="list-style-type: none"><li>My beliefs are easily influenced and change quickly</li><li>I have flashes of energy that end in rapid burnout</li><li>I am reluctant to share my gift due to potential criticism</li></ul>   | <ul style="list-style-type: none"><li>I strongly believe in what I do and how I do it</li><li>I create sustainable amounts of energy for periods of time</li><li>I am inspirational when sharing my gift with my inner circle</li></ul>                                | <ul style="list-style-type: none"><li>I have an unwavering belief in why I do what I do</li><li>I have unlimited amounts of energy for doing what I do best</li><li>I have contagious inspiration; passion &amp; obligation to share my gifts universally</li></ul>                 |   |   |   |
| Self Control             | <ul style="list-style-type: none"><li>I view habits as a burden therefore I neglect them</li><li>I show up and wing it</li><li>I live day to day</li></ul>   | <ul style="list-style-type: none"><li>I understand the benefit of habits and attempt to create them</li><li>I prepare if I need to</li><li>I form habits when it's convenient</li></ul>   | <ul style="list-style-type: none"><li>I view my habits as a means to an end</li><li>I create a plan of action to maximize today</li><li>I consistently follow my plan without many distractions</li></ul>  | <ul style="list-style-type: none"><li>I view myself as a direct reflection of my habits</li><li>I purposefully prepare in order to implement my Chief Aim</li><li>I have the resolve to persevere so nothing gets in the way</li></ul>  |   |   |   |
| Doing More Than Paid For | <ul style="list-style-type: none"><li>I expect the reward upfront without regard for value I create</li><li>I expect to earn before I learn</li><li>I quit as soon as things get hard</li></ul>  | <ul style="list-style-type: none"><li>I work when told, but am selfish with my time and energy</li><li>I learn when asked, but expect an immediate reward</li><li>I am always on the lookout for something better to come along</li></ul>   | <ul style="list-style-type: none"><li>I create value in order to receive a reward</li><li>I am not afraid to dive in and learn more when needed</li><li>I have a sense of loyalty to my organization</li></ul>   | <ul style="list-style-type: none"><li>I expect no opportunity until I first create value for others</li><li>I have a never arrive mindset with a focus on long term return</li><li>I have the grit to continue no matter the situation</li></ul>                                    |   |   |   |
| SCORE                    | ---->  | ---->   | ---->  | ---->   |   |   |   |

Catalyst for Lifelong Direction Scorecard

Name: \_\_\_\_\_ Date: \_\_\_\_\_



| PRINCIPLE            | 1 - 3  | 4 - 6   | 7 - 9   | 10 - 12   | 1 | 2 | 3 |
|----------------------|--|---|---|---|---|---|---|
| Pleasing Personality | <ul style="list-style-type: none"><li>I am not approachable</li><li>I disregard others emotions</li><li>I dominate every conversation</li></ul>  | <ul style="list-style-type: none"><li>I am easy to be around when in a good mood</li><li>I go through the motions of casual conversation</li><li>I listen to respond</li></ul>  | <ul style="list-style-type: none"><li>I am the glue within my organization</li><li>I am good at creating connections as a means to an end</li><li>I listen to hear</li></ul>  | <ul style="list-style-type: none"><li>I have a magnetic presence</li><li>I genuinely care about the success and happiness of everyone around me</li><li>I listen to understand</li></ul>  |   |   |   |
| Accurate Thought     | <ul style="list-style-type: none"><li>I believe only what I want to believe</li><li>I am unable and unwilling to validate my thoughts</li><li>I communicate without regard for the impact it has</li></ul> | <ul style="list-style-type: none"><li>I believe any information presented to me</li><li>My thinking is inspired and validated by others</li><li>I only communicate with those that agree with me</li></ul>  | <ul style="list-style-type: none"><li>I have a select group of trusted sources for my information</li><li>I can validate the majority of my thinking</li><li>I am aware that communication can impact those around me</li></ul>                                     | <ul style="list-style-type: none"><li>I create and implement informational filters in all aspects of my life</li><li>I carefully analyze different points of view to form my own opinions</li><li>I give significant effort to understanding before communicating</li></ul> |   |   |   |
| Concentration        | <ul style="list-style-type: none"><li>I don't have a driving factor behind my actions</li><li>I am resistant to directed energy or effort</li><li>I am a distraction to those around me</li></ul>          | <ul style="list-style-type: none"><li>My actions are dictated by others</li><li>I need others to guide my energy and effort</li><li>I am easily distracted, but can concentrate with facilitation</li></ul>   | <ul style="list-style-type: none"><li>I believe in what I am doing</li><li>I attempt to dictate how much energy and effort is needed</li><li>I understand my best method of concentration</li></ul>   | <ul style="list-style-type: none"><li>I have a resolute belief in my purpose</li><li>I understand the science behind balancing my energy and effort</li><li>I have the discipline needed to focus on maximizing my chief aim</li></ul>                                      |   |   |   |
| Cooperation          | <ul style="list-style-type: none"><li>My personal results supersede team success</li><li>I think that my position is the most important</li><li>I use condescending communication</li></ul>                | <ul style="list-style-type: none"><li>I can be a team player, but only for personal gain</li><li>I compare myself to others</li><li>I use guarded communication</li></ul>   | <ul style="list-style-type: none"><li>I am a team player most of the time</li><li>I focus on my role within the team and the value it brings</li><li>I am aware of how my communication impacts the team</li></ul>  | <ul style="list-style-type: none"><li>I am in complete alignment towards the shared vision</li><li>I understand that every position is critically important</li><li>I use transparent communication</li></ul>   |   |   |   |
| Failure              | <ul style="list-style-type: none"><li>I view failure as fatal</li><li>My fear and anxiety cripple me</li><li>I refuse to try again</li></ul>   | <ul style="list-style-type: none"><li>I view failure as an excuse to quit</li><li>I need a push from others to recover</li><li>I proceed with caution</li></ul>   | <ul style="list-style-type: none"><li>I view failure as temporary defeat</li><li>I'm beginning to understand that I either win or learn from every experience</li><li>I push through the pain and start to gain confidence and momentum</li></ul>                   | <ul style="list-style-type: none"><li>I view failure as rocket fuel</li><li>I understand every situation is a gift and an opportunity to learn</li><li>I fail fast, fail often</li></ul>  |   |   |   |
| Tolerance            | <ul style="list-style-type: none"><li>I am completely closed off to other points of view</li><li>I refuse to try to understand opposing beliefs</li><li>I only believe my narrative</li></ul>              | <ul style="list-style-type: none"><li>I am open minded towards similar thought</li><li>I struggle to listen to opposing beliefs</li><li>My communication can be inflammatory</li></ul>  | <ul style="list-style-type: none"><li>I welcome other points of view</li><li>I seek to understand</li><li>I seek to be understood</li></ul>   | <ul style="list-style-type: none"><li>I believe diverse thought is necessary</li><li>I utilize diverse thought to bridge the gap</li><li>I communicate without being disagreeable and build trust</li></ul>   |   |   |   |
| Golden Rule          | <ul style="list-style-type: none"><li>My actions are dictated by the reward</li><li>I am intentionally deceitful for personal gain</li><li>I blame any issue that may arise on someone else</li></ul>      | <ul style="list-style-type: none"><li>I do the right thing only when I see a reward</li><li>I am hesitant to take either side of the bet unless it favors me</li><li>I avoid taking responsibility because I believe the ends justify the means</li></ul> | <ul style="list-style-type: none"><li>I understand that by doing the right thing I will eventually get a return</li><li>I am willing to take either side of the bet if I think it's fair</li><li>I feel justified in taking accountability for my actions</li></ul> | <ul style="list-style-type: none"><li>I always do the right thing with no expectation of anything in return</li><li>I selflessly build extreme trust so both parties always win</li><li>I completely own my actions which has led to psychological freedom</li></ul>        |   |   |   |
| Mastermind           | <ul style="list-style-type: none"><li>We are a group of "wannabes" or pretenders</li><li>We are ego driven</li><li>We use guarded communication and look for affirmation</li></ul>                         | <ul style="list-style-type: none"><li>We have a group made up of peers, not curated member</li><li>We see a need to track our progress, but still have limited accountability</li><li>We have unstructured communication and meetings</li></ul>           | <ul style="list-style-type: none"><li>Our members are committed but at varying levels</li><li>We are willing to serve and measure our progress</li><li>We push each other past our comfort zone, but it's a humbling experience</li></ul>                           | <ul style="list-style-type: none"><li>Our members are carefully selected</li><li>We have an obligation to continually serve each other</li><li>We commit to vulnerable communication and arrive prepared</li></ul>  |   |   |   |
| SCORE                | ---->  | ---->   | ---->   | ---->   |   |   |   |

# Catalyst for Lifelong Direction Scorecard

Name: \_\_\_\_\_ Date: \_\_\_\_\_



*"If you don't know where you're going, you'll end up someplace else." -Yogi Berra*

**What is your Chief Aim?**

**What actions do you need to take to live into your Chief Aim? Set a date by which you plan to accomplish these items.**

|               |             |
|---------------|-------------|
| Action: _____ | Date: _____ |
| _____         | _____       |
| _____         | _____       |
| _____         | _____       |
| _____         | _____       |

**Set a date to reevaluate your progress. We recommend reviewing the scorecard at least once a year.**

**Notes:**

